

# Antiviral Effects of Beta-Lactoglobulin against Avian Influenza Virus

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## ABSTRACT

**Introduction:** The avian virus is an Influenza-A virus that spread widely among human through direct or indirect contact with infected birds or poultry. But a totally new pandemic of avian virus those are becoming resistant to drugs by changing their genomes may be prevented by antiviral medicines and vaccines. **Objective:** For this purpose  $\beta$ -lactoglobulin is esterified with various alcohols over different circumstances like acidity, protein contentness, water substance, time, temperature, etc. **Methodology:** Methylated  $\beta$ -lactoglobulin provides antiviral activities against human flu infection subtype H3N2, subtype H1N1, and subtype H5N1. The impact of this study is viral HA (Hemagglutinin action) is repressed by the imposition of different convergences of MET-BLG depending upon their distinctive concentration. **Result:** A large number of positive charges on the MET-BLG can disrupt the electrostatic intuitive inside hem agglutinin subunits that influences its soundness and movement, lessens its capacity to intertwine and restraints its contamination power. But HA is not the unique factor that decides the viral virulence and infectivity of the virus. **Conclusion:** A different result shows that a higher incubation time increases the antiviral activity of MET-BLG.

**KEYWORDS:** Whey protein, Beta-lactoglobulin, Influenza virus, Protein esterification, MCDK cells

## INTRODUCTION

Avian flu or simply known as Bird flu is a viral disease caused by a type of influenza virus named Avian influenza. Conventionally, influenza viruses have been classified into three types as A, B, and C. This classification is done depend on their antigenic differences of nucleio- and matrix proteins. Avian influenza virus (AIV) is a member of the type A class. [1] This virus leads to acute respiratory disease in birds. [2] They have also been found in a number of mammals, including humans. [3] The transmission of avian influenza virus to humans is by direct contact with infected birds and poultry, close contact with their secretions, or contaminated stools. However, it is not seen that people get infected by eating safely cooked poultry. [4] Avian flu is affecting poultry animals worldwide since the first outbreak in 1997 in Hong Kong and has resulted in 92 human deaths and calling of more than 150 million poultry animals in Asia and Europe. Human influenza caused by this subtype of the virus (H5N1) has a high fatality rate i.e. 54% and the majority of affected humans are between the ages of 5-23 years. [5] In most cases, avian influenza in humans develops into a serious condition where the patients should treat in hospitals or may require intensive care if available. [2] Currently, because of the widespread dissemination of the avian influenza virus (H5N1), there is a great risk of a new pandemic. [6] The outbreaks of highly pathogenic avian influenza can also be disastrous for every farmer and for the poultry industry across the world. [1] Anti-viral medicines and vaccination may prevent this dangerous virus from the oncoming pandemic. [2] But vaccines are not available in this period

and most of the anti-viral drugs that are reserved for this virus are becoming resistant as the virus is continuously altering its genomes. Therefore, some new antiviral drugs are needed which will have broadness in action overcoming the recurrent viral resistances against synthetic antiviral drugs. [7] In this circumstance, beta-lactoglobulin could do great work because of its anti-viral features and non-toxicity in contrast with many synthetic drugs. [7] Hence we review the anti-viral effects of beta-lactoglobulin against avian influenza virus.

## Objective

Over the most recent 100 years, there have been 3 significant flu pandemic, which is brought about by the flu infection. In 1918 Spanish influenza, in 1957 Asian influenza, and in 1968 Hong Kong influenza. These killed around 50 million, 2 million, and 1 million individuals separately. In 1997 the disturbing development of another, exceptionally pathogenic subtype, H5N1, which has a half death rate, given a significant catalyst to re-established flu research. Simultaneously another subtype, H1N1, has arisen. This last subtype causes a moderately mellow disease in people. The advancement of viable new medications for the treatment or anticipation of plague and pandemics of flu is a significant sterile target. The accomplishment of this goal is especially troublesome since the flu infections are ceaselessly altering their genomes, accordingly getting away from the ordinary immunization based treatment. Some generally utilized enemy of flu medications, for example, firm and

**How to cite this paper:** Sadia Afrin | Rezwan Ahmed Mahedi | Mimona Akter "Antiviral Effects of Beta-Lactoglobulin against Avian Influenza Virus" Published in International Journal of Trend in Scientific Research and Development (ijtsrd), ISSN: 2456-6470, Volume-5 | Issue-1, December 2020, pp.1511-1516, URL: [www.ijtsrd.com/papers/ijtsrd38098.pdf](http://www.ijtsrd.com/papers/ijtsrd38098.pdf)



IJTSRD38098

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neuraminidase inhibitors may turn out to be quickly pointless because of medication safe. By many examinations, it shows that whey protein beta-lactoglobulin shows antiviral action against the flu infection.

Consequently, it was thought beneficial to test the adequacy of local and adjusted whey protein parts against flu infection subtype H5N1 which might be helpful for the prophylaxis and treatment of flu infections and simultaneously can be a potential and ease elective possibility for an enemy of flu specialist.

### Material & Methods

In this examination, we show that the beta-lactoglobulin have the possible antiviral impacts against some avian flu infection, for example, H1N1, H3N2, and H5N1. These infections can communicate from fowl to human by recreating.

### Material

Beta-lactoglobulin (BLG) which was collected and purified & the viral subtypes of H1N1, H3N2 & H5N1 were isolated from a chicken farm. The viruses have been titrated utilizing a Hemagglutination test (HA) 256 HAU [8].

### Protein Esterification

$\beta$ -Lactoglobulin was esterified with various alcohols (methanol, ethanol, n-propanol, and isopropanol) over different states of acidity, protein intensity, water substance, time, and temperature. [9] The subsequent items were essentially recuperated by centrifugation of the response blend toward the finish of the response.

### The impact of Met-BLG focuses on cell reasonability and hem agglutination action

The viral hem agglutination action (HA) and cell reasonability were tested within the sight of various groupings of Met-BLG. MDCK cells in 96-well micro titre-plates (50,000/well) were contaminated by adding suitable aliquots of flu infection suspensions. Aliquots of infection suspension (100  $\mu$ l) were added to all cell societies aside from cell and Met-BLG controls, with the goal that infection and cell numbers are equivalent (1 MOI, assortment of contamination). Aliquots (100  $\mu$ l) of Met-BLG broke down at various focuses in a similar medium were added to the wells containing the tainted cells. Contaminated and mock MDCK cells were brooded at 37 degrees Celsius within the sight of 5% CO<sub>2</sub> for distinctive time spans with-T. Toward the finish of every period, HA was tested with chicken with erythrocytes 0.5% suspension as per Donald and Isaacs

(1954) and the feasible cells were uncovered by unbiased red. In a past report with Vero cells, no cytotoxicity of Met-BLG was seen in all the scope of focuses utilized. All trials were acted in three-fold and results were communicated by the mean in addition to the standard deviation. [10]

### The antiviral activity of Beta-lactoglobulin(BLG)

The antiviral action of esterified beta-lactoglobulin (IC<sub>50</sub>=20-40  $\mu$ g/mL<sup>-1</sup>) audited against avian flu infections tainting Vero cells relied upon five elements (arranged by significance): convergence of esterified proteins, the assortment of contamination, term of brooding, the circumstance of esterified proteins expansion after disease, and degree of esterification of proteins. [11]

Methylated  $\beta$ -lactoglobulin additionally exhibits improved antiviral action against human flu infection-A subtype H3N2, subtype H1N1, and deadly avian flu A (H5N1). [12]

### Statistical Analysis

All examinations were acted in sets of three and the outcomes were communicated by the mean in addition to the standard deviation. [13]

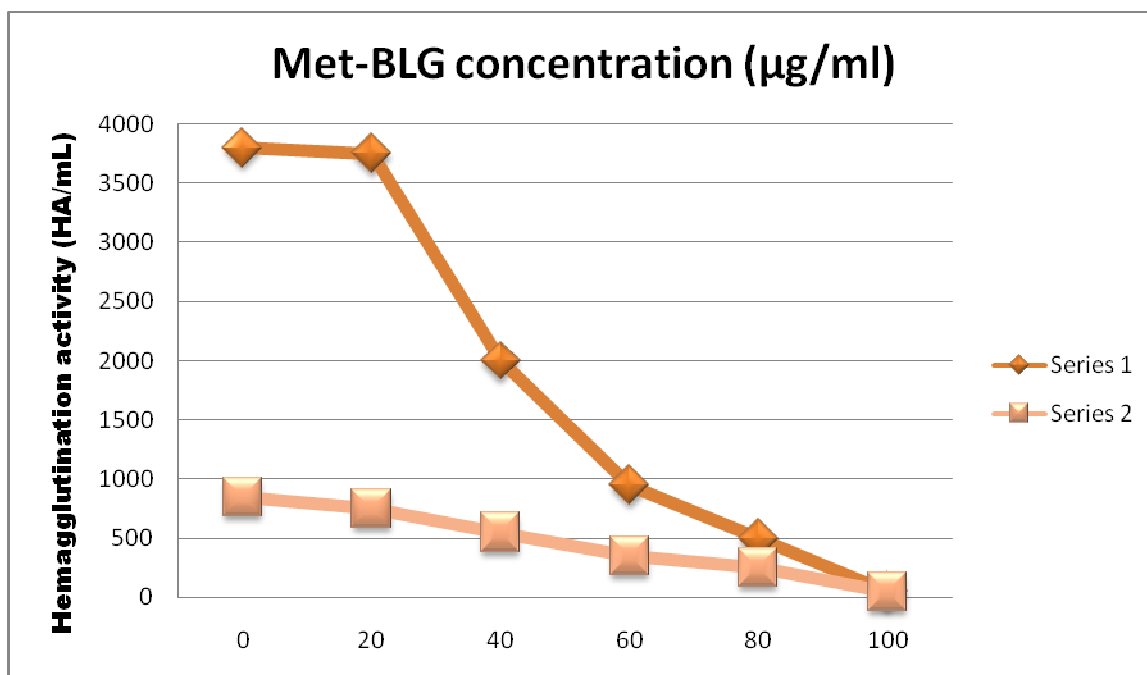
### Result

#### Degree of esterification

The whey proteins divisions Alpha-Lactalbumin (ALA), Beta-Lactoglobulin (BLG) and Lactoferrin (LF) were altered to the degree of 68%, 100% and 100% respectively which shows less esterification sensitivity of ALA when contrasted with both BLG and LF. The noticed degrees of such esterification are as per antiviral activity of whey proteins fractions. H5N1 proliferated in MDCK cells at 100% (1.00 MOI) level of viral contamination. Esterification of whey proteins divisions has encourage improved their antiviral activity against H5N1 in a concentration subordinate way. [8]

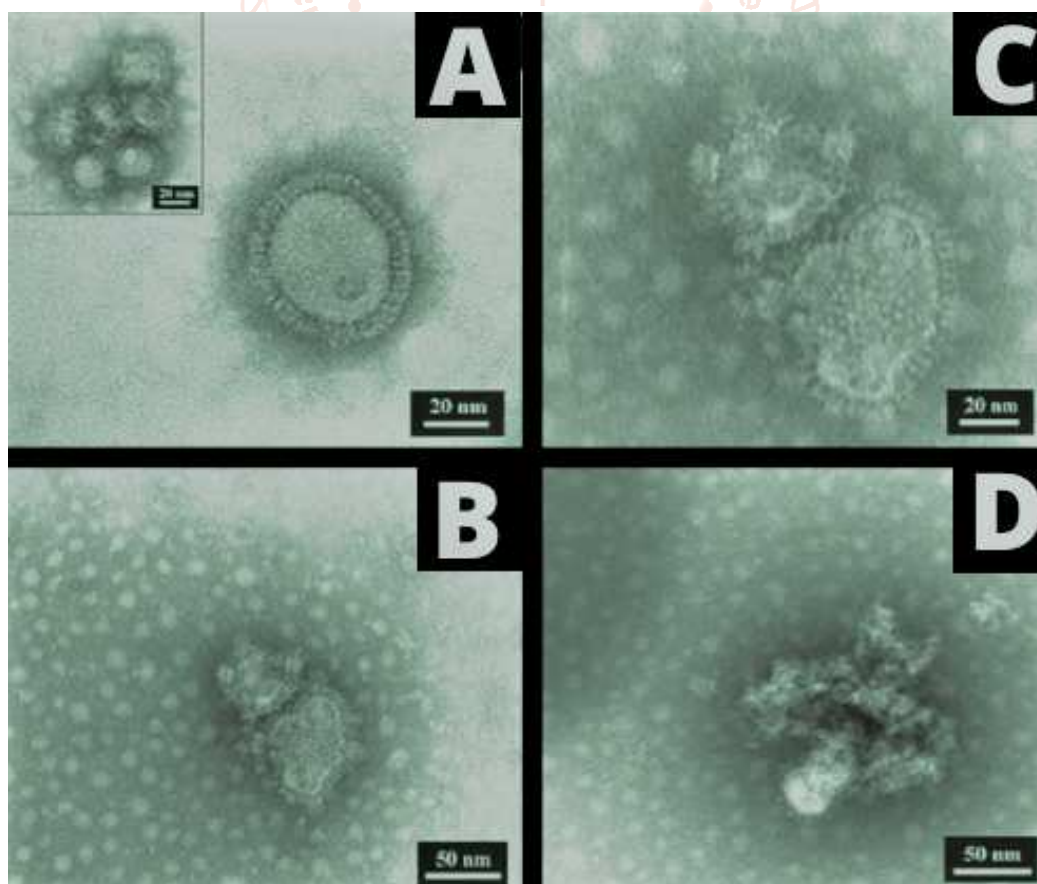
#### Impact of Met-BLG on viral HA

HA of H1N1 was repressed by applying distinctive concentrations of Met-BLG (Fig. 1A). With an infection titer of 1 MOI, the viral HA was critical and the watched antiviral impact of Met-BLG was concentration subordinate. With a lower viral stack (0.1 MOI) the viral HA was also delicate to acknowledge any clear differentiation with the treatment (data did not show up). A concentration of 17 mg/ml Met-BLG might accomplish 50% hindrance of HA after 24h. Expanding the hatching time delivered more articulated antiviral action as the same concentration restrained around 61% of HA with an IC<sub>50</sub> diminished to 13 mg/ml Met-BLG after 48 h, and made the distinction between the viral control and restraint more marked.



**Fig. 1A: Impact of various centralizations of Met-BLG (0–100 mg/ml) against (A) hemagglutination action of H1N1 infection**

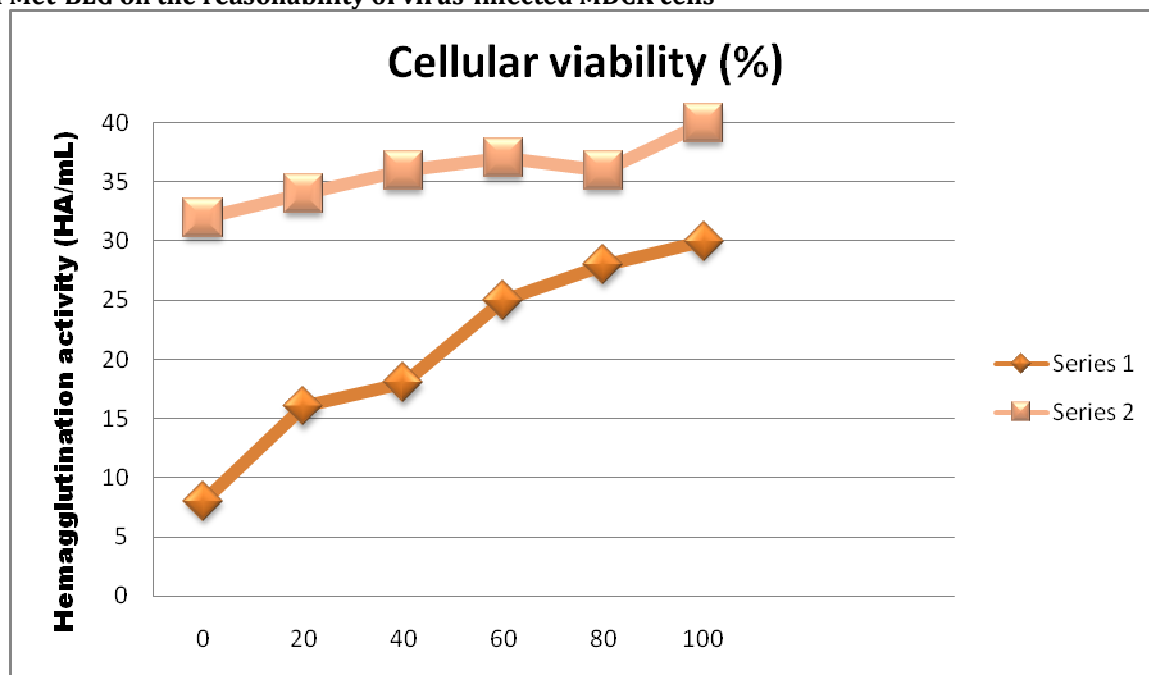
HA is only due to hemagglutinin, a glycoprotein located on the flu external coat surface. It is responsible for the contamination of intaglio cells through the specific association with the cell receptor, finishing with fusion with the cell layer. At present, it has been detailed that salt bridges inside hemagglutinin monomers are crucial for its collapsing and solidness. [14] This finding may to a few expanse aids to get it the inhibitory impact of Met-BLG on HA. The expansive amount of positive charges on this esterified whey protein can disrupt the electrostatic intuitive inside hemagglutinin subunits, influencing its soundness and movement, lessening finally its capacity to intertwine and consolidate with the focused on the cell membrane, thus restraining its contamination power. In a similar (but electrostatically inverse) way, a tricarboxylate – aurin tricarboxylic corrosive (ATA), a heterogeneous mixture of polymers shaped when salicylic corrosive is treated with formaldehyde, sulphuric corrosive, and sodium nitrite, is able to tie by electrostatic intuitive to proteins containing emphatically charged buildups. ATA was appeared to inhibit the cytopathogenicity of HIV (human immunodeficiency infection) in cell culture. [15-16]



**Fig 2: At room temperature for 1 hr, electron microscopy pictures of flu virus H1N1 in its local structure (A) and in the wake of being in contact with 50 mg/ml Met-BLG (B-D).**

Perturbation of viral surface proteins (especially hemagglutinin) may be derived from the perception of electron microscopy picture of the infection in non-appearance or presence of Met-BLG. The viral coat looks twisted and rather disturbed within the afterward case (Fig. 2). The greatness of the inhibitory impact (communicated by IC<sub>50</sub>) of Met-BLG is comparable to its already watched movement against poliovirus type-1 and Coxsackie infection B6 [17] although these infections do not have hemagglutinin in their coat structure, showing the wide specificity of Met-BLG, which may be able to act against a number of components of the infection apparatus.

#### Impact of Met-BLG on the reasonability of virus-infected MDCK cells



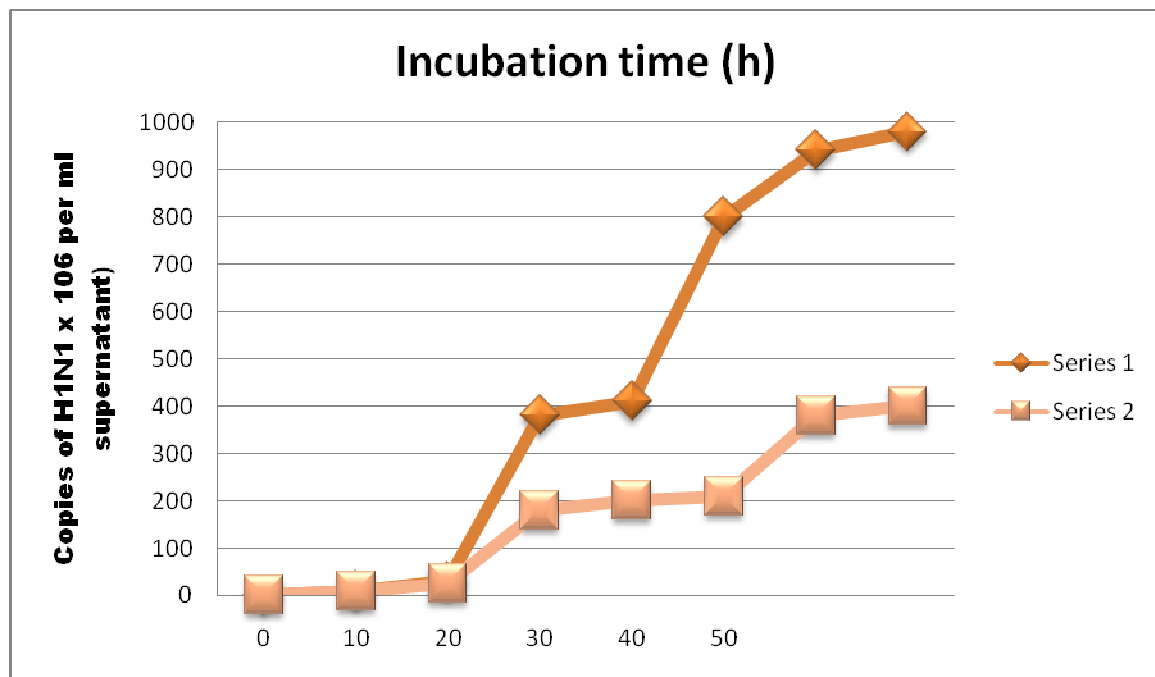
**Fig. 1B: Impact of various centralizations of Met-BLG (0–100 mg/ml) against the reasonability of MCDK cells. Brooding was performed for 24hr and 48 hr.**

The viability of cells transited by H1N1 (1 MOI) was improved in a concentration-dependent way much appreciated by the additions of Met-BLG (Fig. 1B). Maximal cell reasonability after 24 h was gotten by expanding the concentration of Met-BLG to 20 mg/ml. Cell durability was complied up to 48 h, but its size was lower than that watched after 24 h. Cell reasonableness was 33% and 14% inside the viral control (in non-appearance of Met-BLG) after 24 and 48 h, independently. In presence of Met-BLG, cell viability was improved up to 39% and 33% after 24 and 48 h gradually. Once more, the protective activity was more articulated after 48 h. By the by, looking at the action of Met-BLG against flu disease with that against poliovirus type-1 and Coxsackie contamination B6 [17] seems more vulnerable activity against H1N1, notwithstanding the way that the inhibitory effect against HA of the contamination was exceptionally evident. This may show that HA is not the only factor deciding viral virulence and infectivity. Additionally, assist alteration of the conditions of application of Met-BLG may offer assistance to extend its protective effect. The pictures of microscopy in (r40) appear that the presence of Met-BLG within the medium of the virus-infected cells might secure them against the viral activity. The magnitude of this defensive impact is dependent on two factors: Met-BLG concentration and MOI. Increment of Met-BLG concentration within the contaminated cell societies come about in higher sums of reasonable cells, whereas the increment of MOI up to 1 diminished the antiviral impact without disposing of it altogether. By and large, esterification of proteins neutralizes their negative charges unwinding positive charges, a truth that applies to the well-defined Met-BLG. Be that as it may, indeed intensively substituted proteins are still comparable in their net charges to local essential proteins existing in nature such as histones, which are able to cross the cellular membranes. [18] Due to its dense positive net charge, the normal effect of Met-BLG might be to connect with the non-basic influenza viral proteins, for example, NS1 protein, which related with cell multi-practical proteins in the midst of tainting, [19] in this route happening in reduced infection rate and higher cell reasonability.

#### Impact of Met-BLG on the infection development curve

The advancement of development of H1N1 in MDCK contaminated cells (1 MOI) was taken after through evaluating HA and replicated RNA amid 48 h of hatching at 37 °C and 5% CO<sub>2</sub> in the nearness of Met-BLG (Fig. 3). HA of infection control was detected after its to begin with cycle of replication when it begun to increase with time. Development of infection treated with Met-BLG moderated down showing up as it were after more than 20 h (3 cycles of replication) brooding beneath the same conditions. HA of viral control come to exponential stage after 24 h incubation whereas stationary stage was come to after 42–48 h. This result is in understanding with detailed values of the infection titre coming to a most extreme after 24–48 h. [20] In appearance of 50 mg/ml Met-BLG, exponential stage endured for a brief period re- turning to a constricted increment after 40 h. In entity of 100 mg/ml Met-BLG, exponential stage vanished or was deferred to the 46–48 h of viral life cycle. The maximal level of HA in Met-BLG treated infection was much lower than that of the control demonstrating an viable inhibitory action of both concentrations. In spite of the fact that HA measurement is less exact than RNA evaluation, our outcomes about may also be backed by those of electron microscopy showing that intaglio viral particles were diminished by over 65% after hatching with 50 mg/ml Met-BLG. This morphologic alter may be reporting too a possible cause of the watched anti-replicating action.





**Fig 3: Advancement of hem agglutination movement and of the measure of imitated RNA (tested by RT-PCR) of H1N1 infection filled in MDCK cells in the nonappearance and presence of 50 and 100 mg/ml Met-BLG during 48 h. The outcomes are the midpoints of three duplicates with the standard deviation.**

Inhibition was affirmed by the diminished levels of H1N1 duplicated RNA within the nearness of the 2 concentrations of Met-BLG. Comparison of the curves shows that HA was much more influenced than RNA replication. In spite of the fact that the decreased sum of replicated RNA may lead to decreased HA, this result infers that Met-BLG does not as it were influence replication of RNA by connection viral protein or viral RNA during the replication events, but it interacts also somehow with HA of viral particles escaping the anti-replicating action, leading to their reduced infectivity.

### Conclusion

Influenza is an irresistible sickness brought about by a flu infection. H1N1 and H5N1 is a subtype of influenza A virus. H1N1 caused swine flu and H5N1 caused bird flu. The profoundly pathogenic flu A infection subtype H5N1 is an arising avian flu infection that is causing worldwide worry as a likely pandemic danger. The infection made of a viral envelope containing the glycoprotein hemagglutinin and neuraminidase folded over a focal center. The focal center contains the viral RNA genome which is a twofold norm. It ties through hemagglutinin onto sialic corrosive sugars on the outside of epithelial cells, ordinarily in the nose, throat, and lungs of well-evolved creatures and the digestive tract of fowls. The impact of Met-BLG (methylated B lactoglobulin) on viral HA (Hemagglutinin action) was repressed by applying various convergences of Met-BLG. The viral effect of Met-BLG was concentration-dependent. A concentration of 17mg/ml Met-BLG could achieve 50% inhibition of HA after 24h. Extending the incubation time produced more pronounced antiviral activity. HA is exclusively due to hemagglutinin, a glycoprotein located on the influenza outer coat surface. It is responsible for the infection of intact cells through the specific association with the cell membrane. Recently it has been reported that salt-bridge within hemagglutinin monomer is crucial for its folding and stability. This finding may help to understand the inhibitory effect of Met-BLG on HA. Countless positive charges on this esterified whey protein can disturb the electrostatic collaboration inside hemagglutinin subunits, influencing its strength and action, decreasing at long last its ability to combine and converge with the focused on cell film, thus repressing its contamination intensity.

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